CENTRAL YORK MIDDLE SCHOOL JANUARY 2023

LUNCH MENU

LUNCH PRICES

Students - \$2.80 Reduced - \$.40 Adults -\$4.10 Milk - \$0.80

Milk is included with each meal: 1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat

Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy, Lactaid,

and Plant Base.

- Choice of Fruit Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices
- Alternate Line Available Everyday. Menu will change Daily.
- NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA
- Fresh Vegetables offered Daily.
- *Contains Pork/Ham

Milk - \$0.80				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 2	Nacho Dippers w/Meat & Cheddar or Queso Cheese Salsa/Sour Cream Black Beans/Churro Fruit, Milk	Sloppy Joe Sandwich French Fries Steamed Carrots Fruit Milk	Stromboli Chef Blend Vegetables Fruit Milk	Chicken Poppers Mashed Potatoes Corn/Gravy Fruit Milk 6
Cheeseburger French Fries/Onion Rings Glazed Carrots Fruit Milk 9	French Bread Pizza Baked Beans Fruit Milk	Chicken & Cheese Quesadilla Mexican Fiesta Rice Corn Fruit Milk	Meatball Sub Oven Potatoes Green Beans Fruit Milk	EARLY DISMISSAL Deli Sandwich Baked Lays Chips Paradise Punch/Carrot Pack Fruit Cup, Milk 13
NO SCHOOL 16	Cheese Pizza Sticks Marinara Sauce Peas Fruit Milk	Chicken Nuggets Scalloped Potatoes Mixed Vegetables Fruit Milk 18	Chili Cheese Bread Stick Fruit Milk	Shrimp Poppers Creamy Mac & Cheese Lima Beans Fruit Milk 20
Deep Dish Pizza Baked Beans Fruit Milk	Chicken Tenders Seasoned Rotini Steamed Carrots Fruit Milk 24	French Toast Sticks *Sausage Links Hash Brown Juice Cup/Fruit Milk 25	Cheese Steak Sandwich Pierogies Steamed Broccoli Fruit Milk 26	Breaded Mozzarella Sticks & Breaded Ravioli Marinara Sauce Green Beans Fruit Milk 27
Big Daddy's Pizza California Blend Vegetables Fruit Milk	Chicken Pot Pie Peas Coleslaw Fruit Milk 31			